

How agile am I Worksheet

Use the "How agile am I worksheet" to create a view of your agility.

Rate yourself once again for each area by placing a check mark where you believe you sit between the two statements.

My purpose is clear and compelling					I don't know my purpose
My goals are clearly defined and motivating					I don't have goals
I have plans for achieving my goals					I don't have plans for achieving my goals
My plans are high level for future work					My plans are detailed for future work, (or I don't have plans)
My high level plans are based on outcomes					My plans are based on something other than outcomes
The outcomes in my high level plans are prioritised					I know what I want to achieve, but it's not prioritised
I break high level goals into small simple work items					I don't break down high level goals
My plans are detailed for my current work					My work is responsive, 'putting out fires' (or I don't have plans)
I regularly review and adjust my plans					My plans are locked in, (or I don't have plans)
I regularly pause and reflect on how I'm going so I can improve					I don't reflect on how I'm going
I work on one thing at a time so I can focus					I'm always multi-tasking
I use metrics to understand and improve my performance					I don't measure my performance
I try out small things quickly rather than big things perfectly					I stick with something until it is perfect
I am an agent for positive change					I value stability and am uncomfortable with change
I work at a pace I can sustain indefinitely					I'm often working long hours and sometimes feel burnt out
I try to make everything as simple as possible					I do what is asked of me without trying to find a simpler way
I invest in mastering my craft, learning is in everything I do					I don't have time for learning
I value diversity of opinion; I know I can learn from everyone					I prefer to seek the opinions of those like me

What emerges from the exercise?

What could you do differently now that you have visibility of these things?

Have new learning opportunities have emerged?